FOR MORE INFORMATION



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Call Council's Active Living
Department on (03) 5832 9431
or email healthycommunities@
shepparton.vic.gov.au



On weekends call Greater Shepparton Visitor Centre (03) 5832 9330 or Toll Free 1800 808 839

FREE AND LOW COST ACTIVITIES

FROM SEPTEMBER - APRIL



EDITION 4

MARCH - APRIL 2018



WWW.GETMOOVINGSHEPPARTON.COM.AU

#GETMOOVING #ACTIVITIESINTHEPARK



PROUDLY PRESENTED BY



The Activities in the Park program provides an opportunity for Greater Shepparton residents and visitors to participate in free and low cost activities encouraging everyone to be healthy, active, happy and connected.

The program offers a diverse range of activities that suit a range of ages, abilities, interests and locations.

So Get Mooving and visit one of our many parks, playgrounds, facilities and pools and join in the fun today!

Thank you for your support throughout the 2017/2018 program. We look forward to seeing you all back for our next program!

Copies of this flyer can be found at www.getmoovingshepparton.com.au or at Councils Welsford Street Office, Aquamoves, SPC KidsTown and the Shepparton Sports Stadium.

HOW TO GET INVOLVED

- Check out the program (on reverse) and find an activity that suits you.
- Most of the activities require registration at time of the activity however some require pre-registration as identified in the program.
- Wear comfortable clothing and footwear and remember to be sunsmart by bringing a hat, sunscreen and a water bottle.

THINGS TO REMEMBER

- All activities are held outdoors and therefore may be subject to poor weather.
 Please monitor our 'Get Mooving Greater Shepparton' Facebook Page or contact the Greater Shepparton Visitor Centre on (03) 5832 9330 to confirm any changes.
- Children participating in our Activities must be supervised by a parent or guardian aged 16 years or older at all times.
- Requirements such as dietary, wheelchair access, mobility aid or vision impairment can be catered for. A portable hearing loop is also available on request. Please contact us on (03) 5832 9431.
- Guide dogs are welcome.

SUPPORTED BY













































activities in the park





MARCH - APRIL 2018

DATE	EVENT	LOCATION	TIME
• Thur 1/3	Storytime in the Park - Alphabet	Shepparton	10.30am – 11.30am
• Thur 1/3	Circus Skills	Kialla	4.00pm – 6.00pm
• Fri 2/3	Tai Chi for Health	Tallygaroopna	9.00am – 10.00am
• Fri 2/3	Dinner and Dip §	Tatura	4.00pm – 7.00pm
• Fri 2/3	Build a Box Car ^{\$}	Murchison	6.00pm – 8.00pm
• Fri 2/3	Movie Night at the Pool ^{\$}	Murchison	7.00pm – 10.30pm
• Sat 3/3	Ceramics Along the River *	Mooroopna	9.00am – 12.00pm
• Sun 4/3	Running Session	Shepparton	8.00am – 10.00am
• Sun 4/3	Clean Up Australia Day	Shepparton	9.00am – 11.00am
• Sun 4/3	Active @ School	Murchison	10.00am – 11.00am
• Mon 5/3	Lunch Time Yoga	Tatura	12.15pm – 1.15pm
• Mon 5/3	Evening Unwind & Healthy Living Series	Murchison	5.15pm – 6.45pm
Tues 6/3	Easel Art	Shepparton	4.00pm – 6.00pm
• Thur 8/3	Storytime in the Park	Murchison	10.30am – 11.30am
• Thur 8/3	River Weaving Workshop *	Shepparton	6.30pm – 8.30pm
• Thur 8/3	Casual Table Tennis	Shepparton	7.00pm – 9.00pm
• Fri 9/3	Tai Chi for Health	Toolamba	9.00am – 10.00am
Sat 10/3	Guided Walks *	Shepparton	10.00am – 11.30am
Sat 10/3	Kelly Mini Sports	Shepparton	10.00am – 10.45am
• Sat 10/3	Kelly Sports Multi Sports Program	Shepparton	11.00am – 12.00pm
• Sun 11/3	My Boomerang Won't Come Back – Workshop *	Mooroopna	9.30am – 11.00am
• Sun 11/3	Active @ School Session	Congupna	10.00am – 11.00am
• Sun 11/3	Pedal Karts	Kialla	11.00am – 1.00pm
Tues 13/3	Spotlight Walk *	Shepparton	7.45pm
• Thur 15/3	Storytime in the Park – Pets	Shepparton	10.30am – 11.30am
• Thur 15/3	Signs and Symbols Workshop *	Shepparton	6.00pm – 7.30pm
• Thur 15/3	Casual Table Tennis	Shepparton	7.00pm – 9.00pm
• Fri 16/3			
	Tai Chi for Health	Dookie	9.00am – 10.00am
• Fri 16/3	Tai Chi for Health Munzee in the Park	Dookie Kialla	9.00am – 10.00am 5.45pm – 6.45pm
• Fri 16/3 • Sat 17/3			
	Munzee in the Park	Kialla	5.45pm – 6.45pm
• Sat 17/3	Munzee in the Park Nature Photography *	Kialla Kialla	5.45pm – 6.45pm 8.30am – 10.30am 12.00pm – 1.00pm
Sat 17/3Sat 17/3	Munzee in the Park Nature Photography * Hoopercise	Kialla Kialla Shepparton	5.45pm – 6.45pm 8.30am – 10.30am 12.00pm – 1.00pm
Sat 17/3Sat 17/3Sun 18/3	Munzee in the Park Nature Photography * Hoopercise AFL Skills and Drills	Kialla Kialla Shepparton Shepparton	5.45pm – 6.45pm 8.30am – 10.30am 12.00pm – 1.00pm 10.30am – 12.30pm
Sat 17/3Sat 17/3Sun 18/3Mon 19/3	Munzee in the Park Nature Photography * Hoopercise AFL Skills and Drills Lunch Time Yoga	Kialla Kialla Shepparton Shepparton Tatura	5.45pm – 6.45pm 8.30am – 10.30am 12.00pm – 1.00pm 10.30am – 12.30pm 12.15pm – 1.15pm
 Sat 17/3 Sat 17/3 Sun 18/3 Mon 19/3 Mon 19/3 	Munzee in the Park Nature Photography * Hoopercise AFL Skills and Drills Lunch Time Yoga Evening Unwind & Healthy Living Series	Kialla Kialla Shepparton Shepparton Tatura Murchison	5.45pm – 6.45pm 8.30am – 10.30am 12.00pm – 1.00pm 10.30am – 12.30pm 12.15pm – 1.15pm 5.15pm – 6.45pm
 Sat 17/3 Sat 17/3 Sun 18/3 Mon 19/3 Mon 19/3 Tues 20/3 	Munzee in the Park Nature Photography * Hoopercise AFL Skills and Drills Lunch Time Yoga Evening Unwind & Healthy Living Series Easel Art	Kialla Kialla Shepparton Shepparton Tatura Murchison Shepparton	5.45pm – 6.45pm 8.30am – 10.30am 12.00pm – 1.00pm 10.30am – 12.30pm 12.15pm – 1.15pm 5.15pm – 6.45pm 5.00pm – 6.30pm
 Sat 17/3 Sat 17/3 Sun 18/3 Mon 19/3 Mon 19/3 Tues 20/3 Fri 23/3 	Munzee in the Park Nature Photography * Hoopercise AFL Skills and Drills Lunch Time Yoga Evening Unwind & Healthy Living Series Easel Art Tai Chi for Health	Kialla Kialla Shepparton Shepparton Tatura Murchison Shepparton Merrigum	5.45pm – 6.45pm 8.30am – 10.30am 12.00pm – 1.00pm 10.30am – 12.30pm 12.15pm – 1.15pm 5.15pm – 6.45pm 5.00pm – 6.30pm 9.00am – 10.00am
 Sat 17/3 Sat 17/3 Sun 18/3 Mon 19/3 Mon 19/3 Tues 20/3 Fri 23/3 Fri 23/3 	Munzee in the Park Nature Photography * Hoopercise AFL Skills and Drills Lunch Time Yoga Evening Unwind & Healthy Living Series Easel Art Tai Chi for Health Badminton Sessions	Kialla Kialla Shepparton Shepparton Tatura Murchison Shepparton Merrigum Shepparton	5.45pm – 6.45pm 8.30am – 10.30am 12.00pm – 1.00pm 10.30am – 12.30pm 12.15pm – 1.15pm 5.15pm – 6.45pm 5.00pm – 6.30pm 9.00am – 10.00am 4.00pm – 5.30pm
 Sat 17/3 Sat 17/3 Sun 18/3 Mon 19/3 Mon 19/3 Tues 20/3 Fri 23/3 Fri 23/3 Fri 23/3 	Munzee in the Park Nature Photography * Hoopercise AFL Skills and Drills Lunch Time Yoga Evening Unwind & Healthy Living Series Easel Art Tai Chi for Health Badminton Sessions Twilight Stroll – 10 Year Celebration	Kialla Kialla Shepparton Shepparton Tatura Murchison Shepparton Merrigum Shepparton Mooroopna	5.45pm – 6.45pm 8.30am – 10.30am 12.00pm – 1.00pm 10.30am – 12.30pm 12.15pm – 1.15pm 5.15pm – 6.45pm 5.00pm – 6.30pm 9.00am – 10.00am 4.00pm – 5.30pm 5.30pm – 8.00pm
 Sat 17/3 Sat 17/3 Sun 18/3 Mon 19/3 Mon 19/3 Tues 20/3 Fri 23/3 Fri 23/3 Fri 23/3 Fri 23/3 Fri 23/3 	Munzee in the Park Nature Photography * Hoopercise AFL Skills and Drills Lunch Time Yoga Evening Unwind & Healthy Living Series Easel Art Tai Chi for Health Badminton Sessions Twilight Stroll – 10 Year Celebration Bat Night *	Kialla Kialla Shepparton Shepparton Tatura Murchison Shepparton Merrigum Shepparton Mooroopna Shepparton	5.45pm - 6.45pm 8.30am - 10.30am 12.00pm - 1.00pm 10.30am - 12.30pn 12.15pm - 1.15pm 5.15pm - 6.45pm 5.00pm - 6.30pm 9.00am - 10.00am 4.00pm - 5.30pm 5.30pm - 8.00pm 6.00pm - 8.00pm
 Sat 17/3 Sat 17/3 Sun 18/3 Mon 19/3 Mon 19/3 Tues 20/3 Fri 23/3 Fri 23/3 Fri 23/3 Fri 23/3 Fri 23/3 Fri 23/3 	Munzee in the Park Nature Photography * Hoopercise AFL Skills and Drills Lunch Time Yoga Evening Unwind & Healthy Living Series Easel Art Tai Chi for Health Badminton Sessions Twilight Stroll – 10 Year Celebration Bat Night * Traditional Indigenous Games	Kialla Kialla Shepparton Shepparton Tatura Murchison Shepparton Merrigum Shepparton Mooroopna Shepparton	5.45pm – 6.45pm 8.30am – 10.30am 12.00pm – 1.00pm 10.30am – 12.30pm 12.15pm – 1.15pm 5.15pm – 6.45pm 5.00pm – 6.30pm 9.00am – 10.00am 4.00pm – 5.30pm 5.30pm – 8.00pm 6.00pm – 8.00pm

C	DATE	EVENT	LOCATION	TIME
T	Tues 27/3	Weekly Walks	Shepparton	7.30pm – 8.30pm
1	Thur 29/3	Fencing in the Park	Shepparton	5.00pm – 6.00pm
	Mon 2/4 - Sun 29/4	Pedometer Challenge *	Various	
1	Tues 3/4	Casual Hooping	Mooroopna	10.00am – 11.30ar
T	Tues 3/4	Active Kids	Undera	10.00am – 11.00ar
١	Wed 4/4	Kite Making	Katandra	10.00am – 12.00p
١	Wed 4/4	Pedal Karts	Murchison	11.00am – 1.00pm
7	Γhur 5/4	Circus Skills	Tatura	10.00am – 12.00p
1	Γhur 5/4	Yoga Session and Wellness in 30 Minutes	Mooroopna	5.30pm – 6.45pm
F	Fri 6/4	Casual Hooping	Dookie	10.00am – 11.30ar
F	Fri 6/4	Kite Making	Toolamba	10.00am – 12.00pi
5	Sat 7/4	African Drumming	Mooroopna	11.00am – 12.30pi
5	Sat 7/4	African Drumming	Mooroopna	1.00pm – 2.30pm
5	Sun 8/4	Paddlehub – Pop in Paddling *	Shepparton	11.00am – 3.00pm
١	Mon 9/4	Circus Skills	Merrigum	10.00am – 12.00pi
١	Mon 9/4	Yoga	Murchison	5.15pm – 6.00pm
	9/4 – 13/4 Mon – Fri	Kids Get Active in April	Mooroopna	11:00am – 2.00pm
Т	Tues 10/4	Pedal Karts	Mooroopna	11.00am – 1.00pm
Т	Tues 10/4	Spotlight Walk *	Shepparton	6.15pm
٧	Wed 11/4	Active Kids	Congupna	10.00am – 11.00ar
\	Wed 11/4	Orienteering	Mooroopna	10.00am – 11.30ar
Т	Γhur 12/4	Active @ School Session	Tallygaroopna	10.00am – 11.00ar
T	Γhur 12/4	Yoga Session and Wellness in 30 minutes	Mooroopna	5.30pm – 6.45pm
F	ri 13/4	Active Kids	Merrigum	10.00am – 11.00ar
5	Sat 14/4	Labyrinth along the River	Shepparton	9.00am – 10.00am
5	Sat 14/4	Kelly Mini Sports	Mooroopna	10.00am – 10.45ar
5	Sat 14/4	Kelly Sports Multi Sports Program	Mooroopna	11.00am – 12.00pi
5	Sun 15/4	Free Family Functional Fitness	Shepparton	9.00am – 10.00am
5	Sun 15/4	Pop Up Playground	Mooroopna	10.00am – 12.00pi
١	Mon 16/4	Yoga	Murchison	5.15pm – 6.00pm
7	Tues 17/4	Casual Hooping	Shepparton	5.00pm – 6.30pm
١	Wed 18/4	Follow your Rubbish Tour	Shepparton	9.45am – 12.30pm
Т	Γhur 19/4	Storytime in the Park – Music	Shepparton	10.30am – 11.30ar
1	Γhur 19/4	Yoga Session and Wellness in 30 Minutes	Mooroopna	5.30pm – 6.45pm
١	Mon 23/4	Yoga	Murchison	5.15pm – 6.00pm
7	Tues 24/4	Star Gazing	Shepparton	6.00pm – 8.00pm
1	Γhur 26/4	Yoga Session and Wellness in 30 Minutes	Mooroopna	5.30pm – 6.45pm
5	Sat 28/4	Hip Hop Dance Class (Ages 5-10)	Mooroopna	10.30am – 11.30ar
5	Sun 29/4	Labyrinth Walk – Healing	Mooroopna	5.00pm – 6.00pm
N	Mon 30/4	Yoga	Murchison	5.15pm – 6.00pm

Sport

For more information and location details on any listed activity go to

Health and Wellbeing

* Event requires registration \$ Event has a fee

Pools