



What Are SOCIAL CONNECTION GROUPS

Social Connection Groups offer a range of activities designed specifically for frail older adults and people with disabilities who may be socially isolated.

The program aims to enhance the social and physical wellbeing of participants in a pleasant group environment as well as providing respite care and support for carers.

Lunch and morning tea are served and transport is provided if required. Each program is designed to respond to the individual needs of participants. Social Connection Groups operate at Shepparton, Mooroopna, Merrigum and Dookie.

For Further Information

Please contact an Aged and Disability
Services Team Member at
Greater Shepparton City Council
Phone: 5832 9785



Social Connections Groups

Greater Shepparton City Council

90 Welsford Street Locked Bag 1000

SHEPPARTON VIC 3632

Open Monday to Friday: 8.15am to 5.00pm



**GREATER
SHEPPARTON**

Greater Shepparton City Council
Aged and Disability Services

Social Connection Groups



**Leisure and recreational activities
and a supportive
environment**



Social Connection Groups

Greater Shepparton City Council operate a number of Social Connection Groups on various days throughout the week. These programs are aimed at people who are socially isolated or are at risk of social isolation.

These programs help to assist people to reconnect with their community by attending excursions and centre based activities that focus on mental stimulation and physical stimulation.

What Do Social Connection Groups Involve ?

- The Opportunity to join in activities to enhance daily living skills
- The groups create the opportunity for companionship & new friendships
- To create a balance between social , intellectual & physical activities.
- The opportunity to participate in activities using past life experiences..
- To have fun in planning activities that will help maintain peoples skills such as hand/eye coordination
- Social Connection Groups encourage Positive Aging



How Do I Start with a Social Connections Group?

An assessment visit is conducted by a skilled Program Leader who is sensitive to the varying needs of people who require assistance. The program leader conducting the assessment will provide information, advice and assistance about services provided by Council and by other community organisations in the Greater Shepparton area.

The program leader will:

- Ensure available services meet your needs
- Be your point of contact at Council should you have any concerns about your services or if you require further Assistance
- Refer you to other agencies as required with your permission
- An Assessment is NOT a guarantee of services