

Play
Learn
Grow

Create
incredible
things
together



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Your child will
feel valued and
loved when you
make things with
them and listen
and respond to
their ideas and
questions.

- What new things could your child make? Get messy and use different colours, textures and shapes, talking about them as you go.
- Play together and move in lots of different ways—run, jump, balance and dance.
- Share lots of books and stories with your child, even make up your own stories together. Be a bit silly!
- Encourage your child to have a go at doing things themselves and to talk about it with you.

For more information, talk to your Maternal and Child Health nurse, call **13 22 29** or visit **raisingchildren.net.au**