M&CH * FREE INFORMATION SESSIONS 2021*

Partners welcome and encouraged at all sessions

VENUE: RIVERSIDE PLAZA MCH ROOMS, Melbourne Rd Kialla

DAY & TIME: Fridays - 1.15-2.30 (unless otherwise stated)

Bookings essentials…TO BOOK Ph 5832 9312

Session time or date may change but you will be notified if you have booked

	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
SLEEP 0-6 months	22	26	26	23	21	18	16	13	10	8	5	3
INTRO TO FOOD	-	5	5	1 or 30	28	25	23	20	17	15	12	10
MASSAGE	-	12	12	9	7	4	-	6	3	22	26	-
FIRST Aid To be confirmed	-	-	-	-	-	-	-	-	-	-	-	-

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