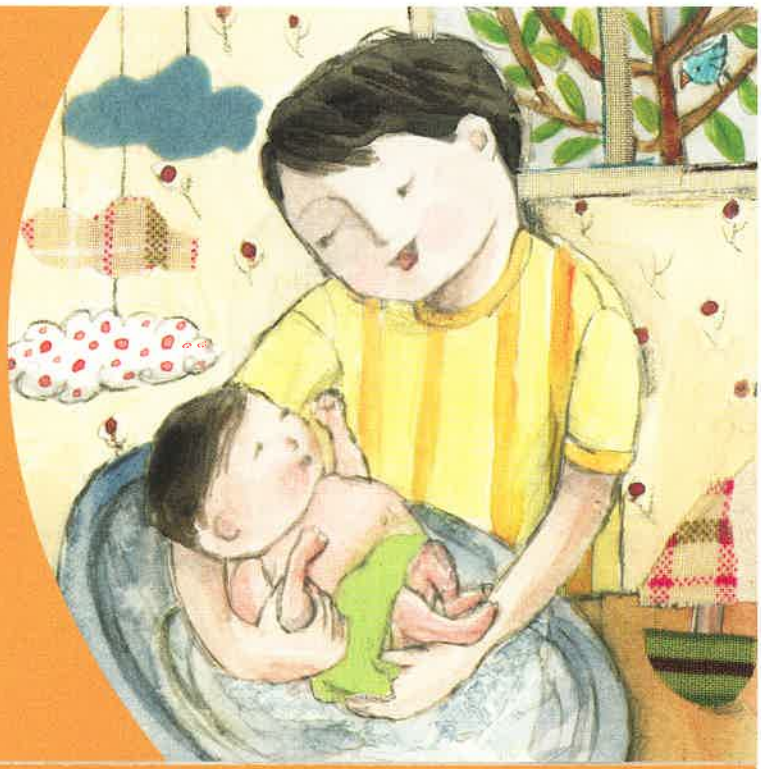
Play
Learn
Grow

Discover and learn during everyday routines



Discover and learn during everyday routines

Everything in your baby's world is new and fascinating. Talk to them about what they can see, hear and feel.

- Your baby is communicating with you with their facial expressions and gestures. Smile back when they look into your eyes.
- Is your baby starting to make sounds? Respond to your baby's sounds and have a 'conversation'.
- Nappy change and bath time are both great times for a chat or a song. Your baby loves the sound of your voice.
- Cuddles and touch are a beautiful, simple way to help your baby's development. Your baby's connection with you is essential for their learning.

For more information, talk to your Maternal and Child Health nurse, call **13 22 29** or visit **raisingchildren.net.au**

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