



GVHealth

Breastfeeding SMS Service

If you are thinking of breastfeeding GV Health is able to provide an SMS service to help support you. You can receive free text messages during the first 8 weeks to help support you through breastfeeding.

The texts will cover topics such as;

- support
- numbers to call
- websites to visit and
- local services who can support you



If you would like to get these text messages, please go to

<https://breastfeedingsms.gvhealth.org.au>

or use your mobile to scan the QR code below to go straight to the website.

All you have to do is provide your mobile number, click which option best suits you and how long you have been home and click submit to receive the messages! You can Opt-Out at any time if you would like to stop getting the text messages.

