

FOR MORE INFORMATION



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Call Council's Active Living
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On weekends call Greater
Shepparton Visitor Centre
(03) 5832 9330 or
Toll Free 1800 808 839

FREE AND LOW COST ACTIVITIES
FROM SEPTEMBER – APRIL



400+
ACTIVITIES



activities in the park

EDITION 2
NOVEMBER – DECEMBER 2017



WWW.GETMOOVINGSHEPPARTON.COM.AU

#GETMOOVING #ACTIVITIESINTHEPARK

PROUDLY PRESENTED BY



The Activities in the Park program provides an opportunity for Greater Shepparton residents and visitors to participate in free and low cost activities encouraging everyone to be healthy, active, happy and connected.

The program offers a diverse range of activities that suit a range of ages, abilities, interests and locations.

So Get Mooving and visit one of our many parks, playgrounds, facilities and pools and join in the fun today!

The program runs for September 2017 – April 2018 and flyers are released every two months listing the upcoming activities:

Edition 3 – released in January

Edition 4 – released in March

Copies of this and future flyers can be found at www.getmoovingshepparton.com.au or at Council's Welsford Street Office, Aquamoves, SPC KidsTown and the Shepparton Sports Stadium.

HOW TO GET INVOLVED

- Check out the program (on reverse) and find an activity that suits you.
- Most of the activities require registration at time of the activity however some require pre-registration as identified in the program.
- Wear comfortable clothing and footwear and remember to be sunsmart by bringing a hat, sunscreen and a water bottle.

THINGS TO REMEMBER

- All activities are held outdoors and therefore may be subject to poor weather. Please monitor our 'Get Mooving Greater Shepparton' Facebook Page or contact the Greater Shepparton Visitor Centre on (03) 5832 9330 to confirm any changes.
- Children participating in our Activities must be supervised by a parent or guardian aged 16 years or older at all times.
- Requirements such as dietary, wheelchair access, mobility aid or vision impairment can be catered for. A portable hearing loop is also available on request. Please contact us on (03) 5832 9431.
- Guide dogs are welcome.

SUPPORTED BY





activities in the park



NOVEMBER – DECEMBER 2017

DATE	EVENT	LOCATION	TIME
● Wed 1/11	Active for Life – Social Badminton	Shepparton	9.00am – 11.00am
● Wed 1/11	Grandslam Tour: ANZ Hot Shots & Cardio Tennis	Murchison	4.00pm – 5.00pm
● Thu 2/11	Cushion Concert ⁵	Shepparton	10.30am – 11.00am
● Thu 2/11	Storytime in the Park	Tatura	10.30am – 11.30am
● Thu 2/11	Yoga Session and Wellness in 30 Minutes	Shepparton	5.30pm – 6.45pm
● Sat 4/11	Body Balance	Shepparton	8.00am – 9.00am
● Sat 4/11	OUTintheOPEN Festival – Giant Games	Shepparton	11.00am – 3.00pm
● Sat 4/11	Golf Croquet	Shepparton	1.00pm – 3.00pm
● Sun 5/11	Days Mill Open Day	Murchison	10.30am – 2.00pm
● Sun 5/11	Labyrinth Walk – Trust	Mooroopna	5.00pm – 6.00pm
● Mon 6/11	Lunchtime Yoga	Tatura	12.15pm – 1.15pm
● Mon 6/11	Evening Unwind & Healthy Living Series	Tatura	5.15pm – 6.45pm
● Tue 7/11	Running Sessions	Shepparton	8.00am – 9.00am
● Wed 8/11	Active for Life – Strength Training	Shepparton	9.30am – 10.30am
● Thu 9/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Fri 10/11	Grandslam Tour: ANZ Hot Shots & Cardio Tennis	Tatura	4.00pm – 5.00pm
● Sat 11/11	Body Balance	Shepparton	8.00am – 9.00am
● Sat 11/11	Golf Croquet	Shepparton	1.00pm – 3.00pm
● Sat 11/11	Shepparton Challenge – Giant Games	Shepparton	5.30pm – 7.30pm
● Sun 12/11	Nature Photography *	Shepparton	8.30am – 10.30am
● Sun 12/11	Fencing in the Park	Shepparton	11.00am – 12.00pm
● Mon 13/11	Lunchtime Yoga	Tatura	12.15pm – 1.15pm
● Mon 13/11	Evening Unwind & Healthy Living Series	Tatura	5.15pm – 6.45pm
● Tue 14/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Wed 15/11	Pop Up Playground	Mooroopna	4.00pm – 6.00pm
● Thu 16/11	Active for Life – Self Defence	Shepparton	9.30am – 10.30am
● Thu 16/11	Shepparton Community Reading Day	Shepparton	10.30am – 11.30am
● Thu 16/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Fri 17/11	Tai Chi for Health	Tatura	11.00am – 12.00pm
● Fri 17/11	Dancing in the Park	Dhurringile	4.00pm – 5.00pm
● Sat 18/11	Body Balance	Shepparton	8.00am – 9.00am
● Sat 18/11	Kelly Mini Sports	Tatura	10.00am – 10.45am
● Sat 18/11	Kelly Sports Multi Sports Program	Tatura	11.00am – 12.00pm
● Sat 18/11	Golf Croquet	Shepparton	1.00pm – 3.00pm
● Sun 19/11	Active @ School Session	Undera	10.00am – 11.00am
● Sun 19/11	Playball	Dookie	10.00am – 11.00am
● Sun 19/11	Paddlehub – Pop in Paddling *	Shepparton	11.00am – 3.00pm
● Mon 20/11	Evening Unwind & Healthy Living Series	Tatura	5.15pm – 6.45pm
● Tue 21/11	Music and Movement	Shepparton	10.00am – 11.00am
● Tue 21/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Tue 21/11	Weekly Walks	Shepparton	7.30pm – 8.30pm
● Tue 21/11	Spotlight Walk *	Shepparton	8.00pm
● Thu 23/11	Active for Life – Table Tennis	Shepparton	1.00pm – 3.00pm
● Thu 23/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Fri 24/11	Tai Chi for Health	Tatura	11.00am – 12.00pm
● Sat 25/11	Body Balance	Shepparton	8.00am – 9.00am

DATE	EVENT	LOCATION	TIME
● Sat 25/11	Guided Walks	Shepparton	10.00am – 11.30am
● Sat 25/11	Golf Croquet	Shepparton	1.00pm – 3.00pm
● Sun 26/11	Pedal Karts	Merrigum	11.00am – 1.00pm
● Mon 27/11	Water Waves Aqua Aerobics	Tatura	12.30pm – 1.00pm
● Mon 27/11	Evening Unwind & Healthy Living Series	Tatura	5.15pm – 6.45pm
● Tue 28/11	Easel Art	Shepparton	4.30pm – 6.00pm
● Tue 28/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Tue 28/11	Labyrinth along the River	Shepparton	6.00pm – 7.00pm
● Wed 29/11	Planks	Mooroopna	4.00pm – 6.00pm
● Thu 30/11	Storytime in the Park – Gardens	Shepparton	10.30am – 11.30am
● Thu 30/11	Running Sessions	Shepparton	5.45pm – 6.45pm
● Thu 30/11	Come and Try Water Aerobics	Murchison	6.00pm – 7.00pm
● Fri 1/12	Active for Life – Strength Training	Shepparton	9.30am – 10.30am
● Fri 1/12	Tai Chi for Health	Tatura	11.00am – 12.00pm
● Fri 1/12	Dancing in the Park	Dhurringile	4.00pm – 5.00pm
● Fri 1/12	World AIDS Day Walk	Mooroopna	5.30pm – 7.30pm
● Sat 2/12	Yoga	Shepparton	8.00am – 9.00am
● Sat 2/12	African Drumming	Shepparton	2.00pm – 3.30pm
● Sat 2/12	African Drumming	Shepparton	4.00pm – 5.30pm
● Sat 2/12	Aquamoves 20 Yr Celebration Day – Giant Games	Shepparton	2.00pm – 6.00pm
● Sun 3/12	Paddlehub – Ladies Only Paddle *	Shepparton	11.00am – 12.00pm
● Sun 3/12	Paddlehub – Pop in Paddling *	Shepparton	11.00am – 3.00pm
● Sun 3/12	Labyrinth Walk – Celebration	Mooroopna	5.00pm – 6.00pm
● Mon 4/12	Water Waves Aqua Aerobics	Tatura	12.30pm – 1.00pm
● Mon 4/12	Evening Unwind & Healthy Living Series	Tatura	5.15pm – 6.45pm
● Tue 5/12	Sound of Drawing * ⁵	Shepparton	2.00pm – 6.00pm
● Tue 5/12	Cardboard Hacking *	Shepparton	4.00pm – 5.30pm
● Thu 7/12	Fencing in the Park	Shepparton	11.00am – 12.00pm
● Thu 7/12	Come and Try Water Aerobics	Murchison	6.00pm – 7.00pm
● Fri 8/12	Active for Life – Strength Training	Shepparton	11.00am – 12.00pm
● Fri 8/12	Tai Chi for Health	Tatura	11.00am – 12.00pm
● Fri 8/12	Munzee in the Park	Mooroopna	5.45pm – 6.45pm
● Sat 9/12	Yoga	Shepparton	8.00am – 9.00am
● Sat 9/12	Hoopercise	Shepparton	12.00pm – 1.00pm
● Mon 11/12	Water Waves Aqua Aerobics	Tatura	12.30pm – 1.00pm
● Mon 11/12	Evening Unwind & Healthy Living Series	Tatura	5.15pm – 6.45pm
● Tue 12/12	Circus Skills	Shepparton	4.30pm – 6.00pm
● Thu 14/12	Come and Try Water Aerobics	Murchison	6.00pm – 7.00pm
● Sat 16/12	Yoga	Shepparton	8.00am – 9.00am
● Sat 16/12	Kelly Mini Sports	Shepparton	10.00am – 10.45am
● Sat 16/12	Kelly Sports Multi Sports Program	Shepparton	11.00am – 12.00pm
● Mon 18/12	Water Waves Aqua Aerobics	Tatura	12.30pm – 1.00pm
● Thu 21/12	Come and Try Water Aerobics	Murchison	6.00pm – 7.00pm

- Active Arts
- Environment
- Family Fun
- Health and Wellbeing
- Pools
- Sport

* Event requires registration \$ Event has a fee

For more information and location details on any listed activity go to

WWW.GETMOOVINGSHEPPARTON.COM.AU/APP