

Community support services in Greater Shepparton

There are a range of support services throughout our community who can help during difficult times. This brochure outlines a few of those available.



Business Support

Find out about grants, support, workshops and other resources available for your business.

Business Victoria
13 22 15
business.vic.gov.au

Greater Shepparton Business Centre
sheppartonbusiness.com.au

Carer Respite

Respite care can be arranged in a few different ways.

It is important to take care of yourself so you can take care of others.

Carers Victoria
1800 514 845
carersvictoria.org.au

Carer Gateway
1800 422 737
carergateway.gov.au

Community Support

Neighbourhood/Community Houses offer information, resources, support, activities, programs, training, lifelong learning and so much more. Check out your local NH House

Mooroopna Education and Activity Centre
03 5825 1774

Murchison Community House
03 5826 2373

North Shepp Community and Learning Centre
03 5821 5770

South Shepp Community House
03 5821 6172

Tatura Community House
03 5824 1315

Community Transport

Community Accessibility
03 5831 8515
communityaccessibility.com.au

Dyson Group
(Shepparton Bus Services)
03 5831 2150
dysongroup.com.au

Jacobson
(Mooroopna Bus Services)
03 5825 2323
jacobsoncoachtours.com.au

Drug and Alcohol Support

Practical help, information and support is always available.

Australian Community Support Program (ACSO) Shepparton
1300 022 760
acso.org.au

Direct Line
1800 888 236
directline.org.au

Family Support

Caroline Chisholm Society
1800 134 863
caroline.org.au

FamilyCare
03 5823 7000
familycare.net.au

Greater Shepparton Lighthouse Project
0419 555 939
gslp.com.au

Maternal Child Health at Greater Shepparton City Council
03 5832 9312
greatershepparton.com.au

Maternal Child Health Line
13 22 29

National Home Doctor Service
13 74 25
homedoctor.com.au

Nurse on Call
1300 606 024

Family Violence

Violence and abuse is never okay. These times are stressful but help is always available.

If you are unsafe or in danger call Triple Zero "000" immediately.

1800RESPECT
1800 737 732
1800respect.org.au

Marian House (Vincent Care)
03 5825 9400
(business hours)
1800 015 188 (after hours)
vincentcare.org.au

Men's Referral Service
1300 766 491
ntv.org.au

Orange Door
1800 634 245
orangedoor.vic.gov.au

Safe Steps
1800 015 188
safesteps.org.au

Financial Help

Situations are changing and this is making it difficult for people to pay expenses.

AgBiz Assist
1300 834 775
agbizassist.org.au

MoneyCare
1800 722 363
salvationarmy.org.au

Services Australia (Centrelink)
136 240
servicesaustralia.gov.au

Shepparton Family & Financial Services
03 5831 7755

Vincent Care
(Free financial counselling service)
03 5825 9400
vincentcare.org.au

Food Assistance

Reaching out can be hard but it is always okay to ask for help. We are here **with** you.

Salvation Army
03 5821 2666
salvationarmy.org.au/shepparton

Shepparton Family & Financial Services
03 5831 7755

St Vincent de Paul Welfare Assist
Shepparton: 03 5821 0317
Mooroopna: 03 8199 4243

Hospitals & Health Services

GV Health
03 5832 2322
gvhealth.org.au

Mental Health & Wellbeing Local
1300 000 559
betterhealth.vic.gov.au

Primary Care Connect
03 5823 3200
primarycareconnect.com.au

Priority Care Clinic
03 5823 3132
shepmed.mthc.com.au/ppcc

Rumbalara Aboriginal Co-Operative
03 5820 0000
rumbalara.org.au

VVED (Victorian Virtual Emergency Department)
vved.org.au – then register

Housing/Homelessness

If you need extra support for housing reach out now.

Beyond Housing Shepparton
03 5833 1000
1800 825 955 (after hours)
beyondhousing.org.au

Department of Families, Fairness and Housing
1300 650 172
dffh.vic.gov.au

Salvation Army
03 5820 8000
salvationarmy.org.au/shepparton

Legal Help

Goulburn Valley Community Legal Centre (ARC Justice)
03 5831 0900
1800 310 900
arcjustice.org.au

LGBTIQ+

Diversity Project Shepparton
03 5831 6157
diversity@vt.uniting.org
pridecentre.org.au

GV Pride
gvpride.org/contact
[facebook.com/gvprideshepparton](https://www.facebook.com/gvprideshepparton)

qLife
1800 184 527
qlife.org.au

Rainbow Door
1800 729 367
rainbowdoor.org.au

Mental Health

If you are feeling higher instances of stress and anxiety at this time reach out, you are not alone.

13YARN (Aboriginal & Torres Strait Islanders Crisis Support Line)
13 92 76
13yarn.org.au

Beyond Blue
1300 22 4636
beyondblue.org.au

Head to Health
1800 595 212
headtohealth.gov.au

Headspace Shepparton
(for 12-25 year olds)
03 5823 8800
headspace.org.au
Headspace 1800 650 890
(9am-1pm – 365 days year)

Lifeline
13 11 14
lifeline.org.au

Mental Health and Wellbeing Local
1300 375 330
premier.vic.gov.au

Wellways
1300 111 400
wellways.org

Multicultural Support Services

Ethnic Council of Shepparton & District

03 5831 2395
ethniccouncil.com.au

Translator Services
1800 560 760 (press 9)

Older People

Find out more about support for older people.

Seniors Rights Victoria
1300 368 821
seniorsrights.org.au

People with Disability

For information about NDIS eligibility and access to support groups and mainstream services, contact IntoRec or Council's Access & Inclusion Officer today.

ConnectGV
(03) 5821 2466
connectgv.com.au

Intereach
1300 488 226
intereach.com.au

IntoRec (Family Care)
03 5823 7041
familycare.net.au

Rights Information and Advocacy Centre (RIAC)
03 5222 5499
riac.org.au

Shepparton Access
(03) 5831 6180
sheppaccess.com.au

Places of Worship

Visit the Greater Shepparton Great Things Happen Here website for a listing of places of worship.
greatthings.com.au/places-of-worship

Sexual Assault Victims/Survivors

GV CASA
(Centre Against Sexual Assault)
1800 806 292
gvcasa.com.au/contact_us

Social Connection

Visit our neighbourhood houses or the links below to get involved and stay connected.

Get Moving
getmoovingshepparton.com.au/activities-in-the-park

Greater Shepparton Community Group and Sports Club Directory
greatershepparton.com.au/community/community-directory

Volunteer Opportunities
greatershepparton.com.au/community/volunteering/volunteer-opportunities

Weather Emergency

As extreme weather events are occurring more frequently, be prepared for an emergency situation.

ABC Radio (local ABC radio)
Emergency radio broadcast ABC Local 107.9 FM, 594 AM & 774 AM

CFA (Country Fire Authority)
1300 367 617
cfa.vic.gov.au

SES (State Emergency Service)
132 500
ses.vic.gov.au

Vic Emergency
1800 226 226
emergency.vic.gov.au
You can download the VicEmergency app from the App Store or Google play

Young People

Berry Street
(03) 5822 8100
berrystreet.org.au

Foyer Foundation – Youth Foyer
0438 716 974
or 03 5822 8100
foyer.org.au

Headspace Shepparton
03 5823 8800
headspace.org.au

Oily (The Greater Shepparton Lighthouse project)
0419 555 939
gslp.com.au

The Bridge Youth Service
03 5831 2390
shepparton@thebridge.org.au
thebridge.org.au

Uniting
(03) 5831 6157
unitingvictas.org.au

For more information on what is outlined in this poster email council@shepparton.vic.gov.au or phone **03 5832 9700**.



Scan the QR code to view the Community Support Services

GREATER SHEPPARTON

greatershepparton.com.au